

# Marriage Ministry

## Helpful Scriptures

### **I. God's Intent for Marriage**

#### Mutual helpers

Genesis 2:18-24 English Standard Version (ESV)

<sup>18</sup> Then the LORD God said, "It is not good that the man should be alone; I will make him a helper fit for<sup>[a]</sup> him." <sup>19</sup> Now out of the ground the LORD God had formed<sup>[b]</sup> every beast of the field and every bird of the heavens and brought them to the man to see what he would call them. And whatever the man called every living creature, that was its name. <sup>20</sup> The man gave names to all livestock and to the birds of the heavens and to every beast of the field. But for Adam<sup>[c]</sup> there was not found a helper fit for him. <sup>21</sup> So the LORD God caused a deep sleep to fall upon the man, and while he slept took one of his ribs and closed up its place with flesh. <sup>22</sup> And the rib that the LORD God had taken from the man he made<sup>[d]</sup> into a woman and brought her to the man. <sup>23</sup> Then the man said,

"This at last is bone of my bones  
and flesh of my flesh;  
she shall be called Woman,  
because she was taken out of Man."<sup>[e]</sup>

<sup>24</sup> Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh.

#### A joyful life together

Ecclesiastes 9:9 (ESV)

**9** Enjoy life with the wife whom you love, all the days of your vain life that he has given you under the sun, because that is your portion in life and in your toil at which you toil under the sun.

## **II. How God's Intent is achieved**

### Principles for Marriage

1 Corinthians 7:1-9 English Standard Version (ESV)

**7** Now concerning the matters about which you wrote: "It is good for a man not to have sexual relations with a woman."<sup>2</sup> But because of the temptation to sexual immorality, each man should have his own wife and each woman her own husband.<sup>3</sup> The husband should give to his wife her conjugal rights, and likewise the wife to her husband.<sup>4</sup> For the wife does not have authority over her own body, but the husband does. Likewise the husband does not have authority over his own body, but the wife does.<sup>5</sup> Do not deprive one another, except perhaps by agreement for a limited time, that you may devote yourselves to prayer; but then come together again, so that Satan may not tempt you because of your lack of self-control.

<sup>6</sup> Now as a concession, not a command, I say this.<sup>[a]</sup> <sup>7</sup> I wish that all were as I myself am. But each has his own gift from God, one of one kind and one of another.

<sup>8</sup> To the unmarried and the widows I say that it is good for them to remain single as I am.<sup>9</sup> But if they cannot exercise self-control, they should marry. For it is better to marry than to burn with passion.

### Search and hold to His Word

2 Timothy 2:15 English Standard Version (ESV)

<sup>15</sup> Do your best to present yourself to God as one approved,<sup>[b]</sup> a worker who has no need to be ashamed, rightly handling the word of truth.

### The importance of Church

James 4:1-12 English Standard Version (ESV)

### Warning Against Worldliness

**4** What causes quarrels and what causes fights among you? Is it not this, that your passions<sup>[a]</sup> are at war within you?<sup>[b]</sup> <sup>2</sup> You desire and do not have, so you murder. You covet and cannot obtain, so you fight and quarrel. You do not have, because you do not ask.<sup>3</sup> You ask and

do not receive, because you ask wrongly, to spend it on your passions. <sup>4</sup> You adulterous people!<sup>[c]</sup> Do you not know that friendship with the world is enmity with God? Therefore whoever wishes to be a friend of the world makes himself an enemy of God. <sup>5</sup> Or do you suppose it is to no purpose that the Scripture says, “He yearns jealously over the spirit that he has made to dwell in us”? <sup>6</sup> But he gives more grace. Therefore it says, “God opposes the proud, but gives grace to the humble.” <sup>7</sup> Submit yourselves therefore to God. Resist the devil, and he will flee from you. <sup>8</sup> Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded. <sup>9</sup> Be wretched and mourn and weep. Let your laughter be turned to mourning and your joy to gloom. <sup>10</sup> Humble yourselves before the Lord, and he will exalt you.

<sup>11</sup> Do not speak evil against one another, brothers.<sup>[d]</sup> The one who speaks against a brother or judges his brother, speaks evil against the law and judges the law. But if you judge the law, you are not a doer of the law but a judge. <sup>12</sup> There is only one lawgiver and judge, he who is able to save and to destroy. But who are you to judge your neighbor?

### Paul's Ministry to the Church

<sup>24</sup> Now I rejoice in my sufferings for your sake, and in my flesh I am filling up what is lacking in Christ's afflictions for the sake of his body, that is, the church, <sup>25</sup> of which I became a minister according to the stewardship from God that was given to me for you, to make the word of God fully known, <sup>26</sup> the mystery hidden for ages and generations but now revealed to his saints. <sup>27</sup> To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory.

### Keep your marriage vows

1 Corinthians 7:10-16 English Standard Version (ESV)

<sup>10</sup> To the married I give this charge (not I, but the Lord): the wife should not separate from her husband <sup>11</sup> (but if she does, she should remain unmarried or else be reconciled to her husband), and the husband should not divorce his wife.

<sup>12</sup> To the rest I say (I, not the Lord) that if any brother has a wife who is an unbeliever, and she consents to live with him, he should not divorce her. <sup>13</sup> If any woman has a husband who is an unbeliever, and he consents to live with her, she should not divorce him. <sup>14</sup> For the unbelieving husband is made holy because of his wife, and the unbelieving wife is made holy because of her

husband. Otherwise your children would be unclean, but as it is, they are holy. <sup>15</sup> But if the unbelieving partner separates, let it be so. In such cases the brother or sister is not enslaved. God has called you<sup>[a]</sup> to peace. <sup>16</sup> For how do you know, wife, whether you will save your husband? Or how do you know, husband, whether you will save your wife?

### Wives and Husbands

Ephesians 5:22-33 English Standard Version (ESV)

<sup>22</sup> Wives, submit to your own husbands, as to the Lord. <sup>23</sup> For the husband is the head of the wife even as Christ is the head of the church, his body, and is himself its Savior. <sup>24</sup> Now as the church submits to Christ, so also wives should submit in everything to their husbands.

<sup>25</sup> Husbands, love your wives, as Christ loved the church and gave himself up for her, <sup>26</sup> that he might sanctify her, having cleansed her by the washing of water with the word, <sup>27</sup> so that he might present the church to himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish.<sup>[a]</sup> <sup>28</sup> In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself. <sup>29</sup> For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church, <sup>30</sup> because we are members of his body. <sup>31</sup> “Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.”<sup>32</sup> This mystery is profound, and I am saying that it refers to Christ and the church. <sup>33</sup> However, let each one of you love his wife as himself, and let the wife see that she respects her husband.

### The Woman Who Feels the LORD

Proverbs 31:10-31 English Standard Version (ESV)

<sup>10</sup> <sup>[a]</sup> An excellent wife who can find? She is far more precious than jewels. <sup>11</sup> The heart of her husband trusts in her, and he will have no lack of gain. <sup>12</sup> She does him good, and not harm, all the days of her life. <sup>13</sup> She seeks wool and flax, and works with willing hands. <sup>14</sup> She is like the ships of the merchant; she brings her food from afar. <sup>15</sup> She rises while it is yet night and provides food for her household and portions for her maidens. <sup>16</sup> She considers a field and buys it; with the fruit of her hands she plants a vineyard. <sup>17</sup> She dresses herself<sup>[b]</sup> with strength and makes her arms strong. <sup>18</sup> She perceives that her merchandise is profitable. Her lamp does not go out at night. <sup>19</sup> She puts her hands to the distaff, and her hands hold the spindle. <sup>20</sup> She opens her hand to the poor and reaches out her hands to the needy. <sup>21</sup> She is not afraid of snow for her household, for all her household are clothed in scarlet.<sup>[c]</sup> <sup>22</sup> She makes bed coverings for herself; her clothing is fine linen and purple. <sup>23</sup> Her husband is known in the gates when he sits among the elders of

the land. <sup>24</sup> She makes linen garments and sells them; she delivers sashes to the merchant. <sup>25</sup> Strength and dignity are her clothing, and she laughs at the time to come. <sup>26</sup> She opens her mouth with wisdom, and the teaching of kindness is on her tongue. <sup>27</sup> She looks well to the ways of her household and does not eat the bread of idleness. <sup>28</sup> Her children rise up and call her blessed; her husband also, and he praises her: <sup>29</sup> “Many women have done excellently, but you surpass them all.” <sup>30</sup> Charm is deceitful, and beauty is vain, but a woman who fears the LORD is to be praised. <sup>31</sup> Give her of the fruit of her hands, and let her works praise her in the gates.

### Keep in Step with the Spirit

<sup>16</sup> But I say, walk by the Spirit, and you will not gratify the desires of the flesh. <sup>17</sup> For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. <sup>18</sup> But if you are led by the Spirit, you are not under the law. <sup>19</sup> Now the works of the flesh are evident: sexual immorality, impurity, sensuality, <sup>20</sup> idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, <sup>21</sup> envy, <sup>[a]</sup> drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. <sup>22</sup> But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control; against such things there is no law. <sup>24</sup> And those who belong to Christ Jesus have crucified the flesh with its passions and desires.

<sup>25</sup> If we live by the Spirit, let us also keep in step with the Spirit. <sup>26</sup> Let us not become conceited, provoking one another, envying one another.

### The New Life

2 Corinthians 5:17 (ESV)

**17** Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.

Ephesians 4:17-5:3 English Standard Version (ESV)

<sup>17</sup> Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds. <sup>18</sup> They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. <sup>19</sup> They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity. <sup>20</sup> But that is not the way you learned Christ!— <sup>21</sup> assuming that you have heard about him and were taught in him, as the truth is in Jesus, <sup>22</sup> to put off your old self,<sup>[a]</sup> which belongs to your former manner of life and is corrupt through deceitful desires,<sup>23</sup> and to be renewed in the spirit of your minds, <sup>24</sup> and to put on the new self, created after the likeness of God in true righteousness and holiness.

<sup>25</sup> Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. <sup>26</sup> **Be angry and do not sin; do not let the sun go down on your anger,** <sup>27</sup> **and give no opportunity to the devil.** <sup>28</sup> Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need. <sup>29</sup> Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear. <sup>30</sup> And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. <sup>31</sup> Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. <sup>32</sup> Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

## Love

### The Great Commandment

Mark 12:28-34 English Standard Version (ESV)

<sup>28</sup> And one of the scribes came up and heard them disputing with one another, and seeing that he answered them well, asked him, “Which commandment is the most important of all?” <sup>29</sup> Jesus answered, “The most important is, ‘Hear, O Israel: The Lord our God, the Lord is one.’ <sup>30</sup> **And you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.**’ <sup>31</sup> The second is this: ‘You shall love your neighbor as yourself.’ There is no other commandment greater than these.” <sup>32</sup> And the scribe said to him, “You are right, Teacher. You have truly said that he is one, and there is no other besides him. <sup>33</sup> And to

love him with all the heart and with all the understanding and with all the strength, and to love one's neighbor as oneself, is much more than all whole burnt offerings and sacrifices.”<sup>34</sup> And when Jesus saw that he answered wisely, he said to him, “You are not far from the kingdom of God.” And after that no one dared to ask him any more questions.

### The Way of Love

1 Corinthians 13 English Standard Version (ESV)

**13** If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. <sup>2</sup> And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. <sup>3</sup> If I give away all I have, and if I deliver up my body to be burned,<sup>[a]</sup> but have not love, I gain nothing.

<sup>4</sup> Love is patient and kind; love does not envy or boast; it is not arrogant<sup>5</sup> or rude. It does not insist on its own way; it is not irritable or resentful;<sup>[b]</sup> <sup>6</sup> it does not rejoice at wrongdoing, but rejoices with the truth. <sup>7</sup> Love bears all things, believes all things, hopes all things, endures all things.

<sup>8</sup> Love never ends. As for prophecies, they will pass away; as for tongues, they will cease; as for knowledge, it will pass away. <sup>9</sup> For we know in part and we prophesy in part, <sup>10</sup> but when the perfect comes, the partial will pass away. <sup>11</sup> When I was a child, I spoke like a child, I thought like a child, I reasoned like a child. When I became a man, I gave up childish ways. <sup>12</sup> For now we see in a mirror dimly, but then face to face. Now I know in part; then I shall know fully, even as I have been fully known.

<sup>13</sup> So now faith, hope, and love abide, these three; but the greatest of these is love.

### God Is Love

1 John 4:7-21 English Standard Version (ESV)

<sup>7</sup> Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. <sup>8</sup> Anyone who does not love does not know God, because God is love. <sup>9</sup> In this the love of God was made manifest among us, that God sent his only Son into the world, so that we might live through him. <sup>10</sup> In this is love, not that we have loved God but that he loved us and

sent his Son to be the propitiation for our sins. <sup>11</sup> Beloved, if God so loved us, we also ought to love one another. <sup>12</sup> No one has ever seen God; if we love one another, God abides in us and his love is perfected in us.

<sup>13</sup> By this we know that we abide in him and he in us, because he has given us of his Spirit. <sup>14</sup> And we have seen and testify that the Father has sent his Son to be the Savior of the world. <sup>15</sup> Whoever confesses that Jesus is the Son of God, God abides in him, and he in God. <sup>16</sup> So we have come to know and to believe the love that God has for us. God is love, and whoever abides in love abides in God, and God abides in him. <sup>17</sup> By this is love perfected with us, so that we may have confidence for the day of judgment, because as he is so also are we in this world. <sup>18</sup> There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love. <sup>19</sup> We love because he first loved us. <sup>20</sup> If anyone says, "I love God," and hates his brother, he is a liar; for he who does not love his brother whom he has seen cannot<sup>[a]</sup> love God whom he has not seen. <sup>21</sup> And this commandment we have from him: whoever loves God must also love his brother.

### Walk in Love

Ephesians 5:1-2 English Standard Version (ESV)

**5** Therefore be imitators of God, as beloved children. <sup>2</sup> And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

<sup>3</sup> But sexual immorality and all impurity or covetousness must not even be named among you, as is proper among saints.

### Patience/Forgiveness

Colossians 3:13-14 English Standard Version (ESV)

<sup>13</sup> bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. <sup>14</sup> And above all these put on love, which binds everything together in perfect harmony.



## Hearing and Doing the Word

James 1:19-27 English Standard Version (ESV)

<sup>19</sup> Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; <sup>20</sup> for the anger of man does not produce the righteousness of God. <sup>21</sup> Therefore put away all filthiness and rampant wickedness and receive with meekness the implanted word, which is able to save your souls.

<sup>22</sup> But be doers of the word, and not hearers only, deceiving yourselves. <sup>23</sup> For if anyone is a hearer of the word and not a doer, he is like a man who looks intently at his natural face in a mirror. <sup>24</sup> For he looks at himself and goes away and at once forgets what he was like. <sup>25</sup> But the one who looks into the perfect law, the law of liberty, and perseveres, being no hearer who forgets but a doer who acts, he will be blessed in his doing.

<sup>26</sup> If anyone thinks he is religious and does not bridle his tongue but deceives his heart, this person's religion is worthless. <sup>27</sup> Religion that is pure and undefiled before God, the Father, is this: to visit orphans and widows in their affliction, and to keep oneself unstained from the world.

## Serve God

Joshua 24:15 English Standard Version (ESV)

<sup>15</sup> And if it is evil in your eyes to serve the LORD, choose this day whom you will serve, whether the gods your fathers served in the region beyond the River, or the gods of the Amorites in whose land you dwell. But as for me and my house, we will serve the LORD.”

1 Corinthians 7:10-16 English Standard Version (ESV)

<sup>10</sup> To the married I give this charge (not I, but the Lord): the wife should not separate from her husband <sup>11</sup> (but if she does, she should remain unmarried or else be reconciled to her husband), and the husband should not divorce his wife.

<sup>12</sup> To the rest I say (I, not the Lord) that if any brother has a wife who is an unbeliever, and she consents to live with him, he should not divorce her. <sup>13</sup> If any woman has a husband who is an unbeliever, and he consents to live with her, she should not divorce him. <sup>14</sup> For the unbelieving husband is made holy because of his wife, and the unbelieving wife is made holy because of her

husband. Otherwise your children would be unclean, but as it is, they are holy. <sup>15</sup> But if the unbelieving partner separates, let it be so. In such cases the brother or sister is not enslaved. God has called you<sup>[a]</sup> to peace. <sup>16</sup> For how do you know, wife, whether you will save your husband? Or how do you know, husband, whether you will save your wife?

## Faith in Christ

### Do Not Be Anxious

Matthew 6:25-34 English Standard Version (ESV)

<sup>25</sup> “Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? <sup>26</sup> Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?<sup>27</sup> And which of you by being anxious can add a single hour to his span of life?<sup>[a]</sup> <sup>28</sup> And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, <sup>29</sup> yet I tell you, even Solomon in all his glory was not arrayed like one of these. <sup>30</sup> But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? <sup>31</sup> Therefore do not be anxious, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ <sup>32</sup> For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. <sup>33</sup> But seek first the kingdom of God and his righteousness, and all these things will be added to you.

<sup>34</sup> “Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

### The Righteousness of God Through Faith

Romans 3:21-5:11 English Standard Version (ESV)

<sup>21</sup> But now the righteousness of God has been manifested apart from the law, although the Law and the Prophets bear witness to it— <sup>22</sup> the righteousness of God through faith in Jesus Christ for all who believe. For there is no distinction: <sup>23</sup> for all have sinned and fall short of the glory of God, <sup>24</sup> and are justified by his grace as a gift, through the redemption that is in Christ

Jesus,<sup>25</sup> whom God put forward as a propitiation by his blood, to be received by faith. This was to show God's righteousness, because in his divine forbearance he had passed over former sins.<sup>26</sup> It was to show his righteousness at the present time, so that he might be just and the justifier of the one who has faith in Jesus.

Romans 4:13-25 English Standard Version (ESV)

### The Promise Realized Through Faith

<sup>13</sup> For the promise to Abraham and his offspring that he would be heir of the world did not come through the law but through the righteousness of faith. <sup>14</sup> For if it is the adherents of the law who are to be the heirs, faith is null and the promise is void. <sup>15</sup> For the law brings wrath, but where there is no law there is no transgression.

<sup>16</sup> That is why it depends on faith, in order that the promise may rest on grace and be guaranteed to all his offspring—not only to the adherent of the law but also to the one who shares the faith of Abraham, who is the father of us all, <sup>17</sup> as it is written, “I have made you the father of many nations”—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. <sup>18</sup> In hope he believed against hope, that he should become the father of many nations, as he had been told, “So shall your offspring be.” <sup>19</sup> He did not weaken in faith when he considered his own body, which was as good as dead (since he was about a hundred years old), or when he considered the barrenness<sup>[c]</sup> of Sarah's womb. <sup>20</sup> **No unbelief made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God,** <sup>21</sup> **fully convinced that God was able to do what he had promised.** <sup>22</sup> **That is why his faith was “counted to him as righteousness.”** <sup>23</sup> **But the words “it was counted to him” were not written for his sake alone,** <sup>24</sup> **but for ours also. It will be counted to us who believe in him who raised from the dead Jesus our Lord,** <sup>25</sup> **who was delivered up for our trespasses and raised for our justification.**

### Peace with God Through Faith

**5** Therefore, since we have been justified by faith, we<sup>[d]</sup> have peace with God through our Lord Jesus Christ. <sup>2</sup> Through him we have also obtained access by faith<sup>[e]</sup> into this grace in which we stand, and we<sup>[f]</sup> rejoice<sup>[g]</sup> in hope of the glory of God. <sup>3</sup> Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, <sup>4</sup> and endurance produces character, and

character produces hope,<sup>5</sup> and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.

### Jesus Washes the Disciples' Feet

John 13:1-17 English Standard Version (ESV)

**13** Now before the Feast of the Passover, when Jesus knew that his hour had come to depart out of this world to the Father, having loved his own who were in the world, he loved them to the end.<sup>2</sup> During supper, when the devil had already put it into the heart of Judas Iscariot, Simon's son, to betray him,<sup>3</sup> Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going back to God,<sup>4</sup> rose from supper. He laid aside his outer garments, and taking a towel, tied it around his waist.<sup>5</sup> Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was wrapped around him.<sup>6</sup> He came to Simon Peter, who said to him, "Lord, do you wash my feet?"<sup>7</sup> Jesus answered him, "What I am doing you do not understand now, but afterward you will understand."<sup>8</sup> Peter said to him, "You shall never wash my feet." Jesus answered him, "If I do not wash you, you have no share with me."<sup>9</sup> Simon Peter said to him, "Lord, not my feet only but also my hands and my head!"<sup>10</sup> Jesus said to him, "The one who has bathed does not need to wash, except for his feet,<sup>[a]</sup> but is completely clean. And you<sup>[b]</sup> are clean, but not every one of you."<sup>11</sup> For he knew who was to betray him; that was why he said, "Not all of you are clean."

<sup>12</sup> When he had washed their feet and put on his outer garments and resumed his place, he said to them, "Do you understand what I have done to you?"<sup>13</sup> You call me Teacher and Lord, and you are right, for so I am.<sup>14</sup> If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet.<sup>15</sup> For I have given you an example, that you also should do just as I have done to you.<sup>16</sup> Truly, truly, I say to you, a servant<sup>[c]</sup> is not greater than his master, nor is a messenger greater than the one who sent him.<sup>17</sup> If you know these things, blessed are you if you do them.

## Philippians 4:4-9 English Standard Version (ESV)

<sup>4</sup> Rejoice in the Lord always; again I will say, rejoice. <sup>5</sup> Let your reasonableness be known to everyone. The Lord is at hand; <sup>6</sup> do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup> And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

<sup>8</sup> Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. <sup>9</sup> What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.

## Hope

### The Preeminence of Christ

<sup>21</sup> And you, who once were alienated and hostile in mind, doing evil deeds, <sup>22</sup> he has now reconciled in his body of flesh by his death, in order to present you holy and blameless and above reproach before him, <sup>23</sup> if indeed you continue in the faith, stable and steadfast, not shifting from the hope of the gospel that you heard, which has been proclaimed in all creation<sup>[1]</sup> under heaven, and of which I, Paul, became a minister.

### Born Again to a Living Hope

## 1 Peter 1:3-9 English Standard Version (ESV)

<sup>3</sup> Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead, <sup>4</sup> to an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, <sup>5</sup> who by God's power are being guarded through faith for a salvation ready to be revealed in the last time. <sup>6</sup> In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials, <sup>7</sup> so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ. <sup>8</sup> Though you have not seen him, you love him. Though you do not now see him, you believe in him and rejoice with joy that is inexpressible and filled with glory, <sup>9</sup> obtaining the outcome of your faith, the salvation of your souls.

## Joy

### The Parable of the Lost Sheep

Luke 15 English Standard Version (ESV)

**15** Now the tax collectors and sinners were all drawing near to hear him. <sup>2</sup> And the Pharisees and the scribes grumbled, saying, “This man receives sinners and eats with them.”

<sup>3</sup> So he told them this parable: <sup>4</sup> “What man of you, having a hundred sheep, if he has lost one of them, does not leave the ninety-nine in the open country, and go after the one that is lost, until he finds it? <sup>5</sup> And when he has found it, he lays it on his shoulders, rejoicing. <sup>6</sup> **And when he comes home, he calls together his friends and his neighbors, saying to them, ‘Rejoice with me, for I have found my sheep that was lost.’** <sup>7</sup> Just so, I tell you, there will be more joy in heaven over one sinner who repents than over ninety-nine righteous persons who need no repentance.

### The Parable of the Lost Coin

<sup>8</sup> “Or what woman, having ten silver coins, <sup>[a]</sup> if she loses one coin, does not light a lamp and sweep the house and seek diligently until she finds it? <sup>9</sup> **And when she has found it, she calls together her friends and neighbors, saying, ‘Rejoice with me, for I have found the coin that I had lost.’** <sup>10</sup> Just so, I tell you, there is joy before the angels of God over one sinner who repents.”

### Testing of Your Faith

James 1:2-18 English Standard Version (ESV)

<sup>2</sup> **Count it all joy, my brothers, <sup>[a]</sup> when you meet trials of various kinds, <sup>3</sup> for you know that the testing of your faith produces steadfastness. <sup>4</sup> And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.**

<sup>5</sup> If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him. <sup>6</sup> But let him ask in faith, with no doubting, for the one who doubts is like a wave of the sea that is driven and tossed by the wind. <sup>7</sup> For that person must not suppose that he will receive anything from the Lord; <sup>8</sup> he is a double-minded man, unstable in all his ways.

<sup>9</sup> Let the lowly brother boast in his exaltation, <sup>10</sup> and the rich in his humiliation, because like a flower of the grass <sup>[b]</sup> he will pass away. <sup>11</sup> For the sun rises with its scorching heat and withers

the grass; its flower falls, and its beauty perishes. So also will the rich man fade away in the midst of his pursuits.

<sup>12</sup> Blessed is the man who remains steadfast under trial, for when he has stood the test he will receive the crown of life, which God has promised to those who love him. <sup>13</sup> Let no one say when he is tempted, "I am being tempted by God," for God cannot be tempted with evil, and he himself tempts no one. <sup>14</sup> But each person is tempted when he is lured and enticed by his own desire. <sup>15</sup> Then desire when it has conceived gives birth to sin, and sin when it is fully grown brings forth death.

<sup>16</sup> Do not be deceived, my beloved brothers. <sup>17</sup> Every good gift and every perfect gift is from above, coming down from the Father of lights with whom there is no variation or shadow due to change. <sup>[c]</sup> <sup>18</sup> Of his own will he brought us forth by the word of truth, that we should be a kind of first fruits of his creatures.

### Suffering as a Christian

1 Peter 4:12-19 English Standard Version (ESV)

<sup>12</sup> Beloved, do not be surprised at the fiery trial when it comes upon you to test you, as though something strange were happening to you. <sup>13</sup> But rejoice insofar as you share Christ's sufferings, that you may also rejoice and be glad when his glory is revealed. <sup>14</sup> If you are insulted for the name of Christ, you are blessed, because the Spirit of glory<sup>[a]</sup> and of God rests upon you. <sup>15</sup> But let none of you suffer as a murderer or a thief or an evildoer or as a meddler. <sup>16</sup> Yet if anyone suffers as a Christian, let him not be ashamed, but let him glorify God in that name. <sup>17</sup> For it is time for judgment to begin at the household of God; and if it begins with us, what will be the outcome for those who do not obey the gospel of God? <sup>18</sup> And

"If the righteous is scarcely saved,  
what will become of the ungodly and the sinner?"<sup>[b]</sup>

<sup>19</sup> Therefore let those who suffer according to God's will entrust their souls to a faithful Creator while doing good.

## Compete in Showing Honor

Romans 12:10

**10** Love one another with brotherly affection. ***Outdo one another in showing honor.***

## Happiness in Difficult Times

The Sermon on the Mount

Matthew 5:1-12 English Standard Version (ESV)

**5** Seeing the crowds, he went up on the mountain, and when he sat down, his disciples came to him.

The Beatitudes

**2** And he opened his mouth and taught them, saying:

**3** “Blessed are the poor in spirit, for theirs is the kingdom of heaven.

**4** “Blessed are those who mourn, for they shall be comforted.

**5** “Blessed are the meek, for they shall inherit the earth.

**6** “Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

**7** “Blessed are the merciful, for they shall receive mercy.

**8** “Blessed are the pure in heart, for they shall see God.

**9** “Blessed are the peacemakers, for they shall be called sons<sup>[a]</sup> of God.

**10** “Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

**11** “Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. **12** Rejoice and be glad, for your reward is great in heaven, for so they persecuted the prophets who were before you.



## Comfort Each Other

2 Corinthians 1:3-7 English Standard Version (ESV)

### God of All Comfort

<sup>3</sup> Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, <sup>4</sup> who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God. <sup>5</sup> For as we share abundantly in Christ's sufferings, so through Christ we share abundantly in comfort too. <sup>6</sup> If we are afflicted, it is for your comfort and salvation; and if we are comforted, it is for your comfort, which you experience when you patiently endure the same sufferings that we suffer. <sup>7</sup> Our hope for you is unshaken, for we know that as you share in our sufferings, you will also share in our comfort.

2 Corinthians 7:6-13 English Standard Version (ESV)

<sup>6</sup> But God, who comforts the downcast, comforted us by the coming of Titus, <sup>7</sup> and not only by his coming but also by the comfort with which he was comforted by you, as he told us of your longing, your mourning, your zeal for me, so that I rejoiced still more. <sup>8</sup> For even if I made you grieve with my letter, I do not regret it—though I did regret it, for I see that that letter grieved you, though only for a while. <sup>9</sup> As it is, I rejoice, not because you were grieved, but because you were grieved into repenting. For you felt a godly grief, so that you suffered no loss through us.

<sup>10</sup> For godly grief produces a repentance that leads to salvation without regret, whereas worldly grief produces death. <sup>11</sup> For see what earnestness this godly grief has produced in you, but also what eagerness to clear yourselves, what indignation, what fear, what longing, what zeal, what punishment! At every point you have proved yourselves innocent in the matter. <sup>12</sup> So although I wrote to you, it was not for the sake of the one who did the wrong, nor for the sake of the one who suffered the wrong, but in order that your earnestness for us might be revealed to you in the sight of God. <sup>13</sup> Therefore we are comforted.

And besides our own comfort, we rejoiced still more at the joy of Titus, because his spirit has been refreshed by you all.

### III. Those things that can work against achieving God's intent of joy in marriage

#### You Need to Control Your Tongue

##### Traditions and Commandments

Matthew 15:1-20 English Standard Version (ESV)

**15** Then Pharisees and scribes came to Jesus from Jerusalem and said,<sup>2</sup> “Why do your disciples break the tradition of the elders? For they do not wash their hands when they eat.”<sup>3</sup> He answered them, “And why do you break the commandment of God for the sake of your tradition?<sup>4</sup> For God commanded, ‘Honor your father and your mother,’ and, ‘Whoever reviles father or mother must surely die.’<sup>5</sup> But you say, ‘If anyone tells his father or his mother, “What you would have gained from me is given to God,”<sup>[a]</sup> <sup>6</sup> he need not honor his father.’ **So for the sake of your tradition you have made void the word<sup>[b]</sup> of God.**<sup>7</sup> You hypocrites! Well did Isaiah prophesy of you, when he said:

<sup>8</sup> “‘This people honors me with their lips,  
but their heart is far from me;  
<sup>9</sup> **in vain do they worship me,  
teaching as doctrines the commandments of men.**”

##### What Defiles a Person

<sup>10</sup> **And he called the people to him and said to them, “Hear and understand: <sup>11</sup> it is not what goes into the mouth that defiles a person, but what comes out of the mouth; this defiles a person.”**<sup>12</sup> Then the disciples came and said to him, “Do you know that the Pharisees were offended when they heard this saying?”<sup>13</sup> He answered, “Every plant that my heavenly Father has not planted will be rooted up.<sup>14</sup> Let them alone; they are blind guides.<sup>[c]</sup> And if the blind lead the blind, both will fall into a pit.”<sup>15</sup> But Peter said to him, “Explain the parable to us.”<sup>16</sup> And he said, “Are you also still without understanding?<sup>17</sup> Do you not see that whatever goes into the mouth passes into the stomach and is expelled?<sup>[d]</sup> <sup>18</sup> **But what comes out of the mouth proceeds from the heart, and this defiles a person. <sup>19</sup> For out of the heart come evil thoughts, murder, adultery, sexual immorality, theft, false witness, slander. <sup>20</sup> These are what defile a person. But to eat with unwashed hands does not defile anyone.”**

## Taming the Tongue

James 3:2-12 English Standard Version (ESV)

**2** For we all stumble in many ways. And if anyone does not stumble in what he says, he is a perfect man, able also to bridle his whole body. **3** If we put bits into the mouths of horses so that they obey us, we guide their whole bodies as well. **4** Look at the ships also: though they are so large and are driven by strong winds, they are guided by a very small rudder wherever the will of the pilot directs. **5** So also the tongue is a small member, yet it boasts of great things.

How great a forest is set ablaze by such a small fire! **6** And the tongue is a fire, a world of unrighteousness. The tongue is set among our members, staining the whole body, setting on fire the entire course of life,<sup>[a]</sup> and set on fire by hell.<sup>[b]</sup> **7** For every kind of beast and bird, of reptile and sea creature, can be tamed and has been tamed by mankind,<sup>8</sup> but no human being can tame the tongue. It is a restless evil, full of deadly poison. **9** With it we bless our Lord and Father, and with it we curse people who are made in the likeness of God. **10** From the same mouth come blessing and cursing. My brothers,<sup>[c]</sup> these things ought not to be so.

## You Have Been Quarreling

Romans 14:1

**1** As for the one who is weak in faith, welcome him, ***but not to quarrel over opinions.***

## Unity in the Body of Christ

Ephesians 4:1-6 English Standard Version (ESV)

**4** I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, **2** with all humility and gentleness, with patience, bearing with one another in love, **3** eager to maintain the unity of the Spirit in the bond of peace. **4** There is one body and one Spirit—just as you were called to the one hope that belongs to your call— **5** one Lord, one faith, one baptism, **6** one God and Father of all, who is over all and through all and in all.

Ephesians 4:15-26 English Standard Version (ESV)

<sup>15</sup> Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, <sup>16</sup> from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

## Anger

Matthew 5:21-26 English Standard Version (ESV)

<sup>21</sup> “You have heard that it was said to those of old, ‘You shall not murder; and whoever murders will be liable to judgment.’ <sup>22</sup> But I say to you that everyone who is angry with his brother<sup>[a]</sup> will be liable to judgment; whoever insults<sup>[b]</sup> his brother will be liable to the council; and whoever says, ‘You fool!’ will be liable to the hell<sup>[c]</sup> of fire. <sup>23</sup> So if you are offering your gift at the altar and there remember that your brother has something against you, <sup>24</sup> leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift. <sup>25</sup> Come to terms quickly with your accuser while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison. <sup>26</sup> Truly, I say to you, you will never get out until you have paid the last penny.<sup>[d]</sup>

Ephesians 4:25-5:2 English Standard Version (ESV)

<sup>25</sup> Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. <sup>26</sup> **Be angry and do not sin; do not let the sun go down on your anger, <sup>27</sup> and give no opportunity to the devil.** <sup>28</sup> Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need. <sup>29</sup> Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear. <sup>30</sup> And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. <sup>31</sup> **Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.** <sup>32</sup> **Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.**

## **Adultery**

Lust

Matthew 5:27-32 English Standard Version (ESV)

<sup>27</sup> “You have heard that it was said, ‘You shall not commit adultery.’<sup>28</sup> But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart. <sup>29</sup> If your right eye causes you to sin, tear it out and throw it away. For it is better that you lose one of your members than that your whole body be thrown into hell. <sup>30</sup> And if your right hand causes you to sin, cut it off and throw it away. For it is better that you lose one of your members than that your whole body go into hell.

## **Divorce**

Teaching About Divorce

Matthew 19:1-12 English Standard Version (ESV)

**19** Now when Jesus had finished these sayings, he went away from Galilee and entered the region of Judea beyond the Jordan. <sup>2</sup> And large crowds followed him, and he healed them there.

<sup>3</sup> And Pharisees came up to him and tested him by asking, “Is it lawful to divorce one's wife for any cause?” <sup>4</sup> He answered, “Have you not read that he who created them from the beginning made them male and female, <sup>5</sup> and said, ‘Therefore a man shall leave his father and his mother and hold fast to his wife, and the two shall become one flesh’?<sup>6</sup> So they are no longer two but one flesh. What therefore God has joined together, let not man separate.” <sup>7</sup> They said to him, “Why then did Moses command one to give a certificate of divorce and to send her away?” <sup>8</sup> He said to them, “Because of your hardness of heart Moses allowed you to divorce your wives, but from the beginning it was not so.” <sup>9</sup> And I say to you: whoever divorces his wife, except for sexual immorality, and marries another, commits adultery.”<sup>[a]</sup>

Matthew 5:31 English Standard Version (ESV)

<sup>31</sup>“It was also said, ‘Whoever divorces his wife, let him give her a certificate of divorce.’ <sup>32</sup> But I say to you that everyone who divorces his wife, **except on the ground of sexual immorality**, makes her commit adultery, and whoever marries a divorced woman commits adultery.

1 Corinthians 7:15 English Standard Version (ESV)

**But if the unbelieving partner separates**, let it be so. In such cases the brother or sister is not enslaved. God has called you to peace.

### Additional helpful scriptures

Genesis 2:23 English Standard Version (ESV)

<sup>23</sup> Then the man said,

“This at last is bone of my bones  
and flesh of my flesh;  
she shall be called Woman,  
because she was taken out of Man.”<sup>[a]</sup>

Proverbs 15:1 English Standard Version (ESV)

**15** A soft answer turns away wrath,  
but a harsh word stirs up anger.

Luke 1:37 English Standard Version (ESV)

<sup>37</sup> For nothing will be impossible with God.”

Philippians 2:13 English Standard Version (ESV)

<sup>13</sup> for it is God who works in you, both to will and to work for his good pleasure.